



Sliding Scale – Income & Cost Chart

(Based on the [Federal Poverty Guidelines](#) (FPG), 2020)

To find your sliding scale cost, find the number in the **Household Size** column at the left that matches your Household size (independent adults who live together, share financial resources, and jointly pay expenses, plus the number of their kids and/or dependents). Then move along that row to the right until you reach the white box that matches your Household’s yearly income amount. If your income varies, just make your best guess. Next, move up to the light green box to see your cost.

EXAMPLE: If you and a partner share money & expenses, have one child, and earn \$75,000 per year combined. You should:

1. Start by finding the **3** in the “**Household Size**” column, because your Household size is **3** (two adults, one kid)
2. Slide to the right until you reach the box that says “**\$65,160 - \$76,020**” (your income is \$75,000, which is in this range)
3. Move up to the light green box, which says **\$100/Ind. \$120/Fam** (\$100 for individual therapy sessions, \$120 for family or relationship therapy sessions). **This will be your cost for therapy.**
4. Mark the box on the “**Sliding Scale Agreement**” form in your secure client portal that says “**Eligible for the Sliding Scale.** Your cost for Individual services will be: **\$100.** Your cost for Relationship or Family services will be: **\$120.**”

Household Size	(300% FPG or Less) Sliding Scale Eligible	(From 300-350% FPG) Sliding Scale Eligible	(350% FPG or More) NOT Sliding Scale Eligible
	\$80/Ind. & \$100/Fam & Rel	\$100/Ind. & \$120/Fam & Rel	\$120/Ind. & \$140/Fam & Rel
1	Less Than \$38,280	\$38,280 - \$44,660	More than \$44,660
2	Less Than \$51,720	\$51,720 - \$60,340	More than \$60,340
3	Less Than \$65,160	\$65,160 - \$76,020	More than \$76,020
4	Less Than \$78,600	\$78,600 - \$91,700	More than \$91,700
5	Less Than \$92,040	\$92,040 - \$107,380	More than \$107,380
6	Less Than \$105,480	\$105,480 - \$123,060	More than \$123,060
7	Less Than \$118,920	\$118,920 - \$138,740	More than \$138,740
8	Less Than \$132,360	\$132,360 - \$154,420	More than \$154,420